



UsageGuide

**Congratulations on purchasing the
ProExtender, The #1 All Natural Penis Device!**

It is the first and best male sexual enhancement device on the market. This is a brief description of how to use the product, the most common questions and answers, the key accessories, and our overall guidelines. Read all instructions prior to using this device.

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Intended Use and Indications

The ProExtender is intended to create sufficient penile rigidity for sexual intercourse. It is intended only for males 18 years and older.

Device Description

The ProExtender is an adjustable, mechanical splinting system intended to cause rigidity of the penis.

The ProExtender is not intended to be used during sexual intercourse. If necessary, a constriction ring can be placed around the base of the erect penis for the duration of sexual intercourse to restrict venous blood flow leaving the penis. A constriction ring is not included with this device.

Alternative Treatments

Other devices and treatments can be used to create sufficient penile rigidity for sexual intercourse. Other devices include vacuum pumps, construction rings, penile splints, and implanted prosthetic devices. Other treatments include counseling, drug therapy, hormonal therapy, and vascular surgery. If you have any questions on which treatment is best for you, please discuss with your healthcare provider.

Warnings and Precautions

Warnings

Warning: If complications occur, discontinue use temporarily and review the “Troubleshooting” section for possible actions to take. If complications are concerning, contact your healthcare provider. If complications continue even after taking actions as indicated in the “Troubleshooting” section, discontinue use. Failure to do so could lead to injury.

Warning: If you have symptoms of erectile dysfunction, i.e., inability to achieve an erection that is sufficient for sexual intercourse, consult your physician prior to using this device to avoid a potentially harmful delay in diagnosing any of the most common causes of this condition, such as diabetes, multiple sclerosis, cirrhosis of the liver, chronic renal failure, or alcoholism. Failure to do so could allow a relevant disease to progress leading to injury.

Warning: Do not use the device if you have decreased sensation of pain in the area of the penis. If you cannot feel pain, you may not realize if there is an injury, and any injury could be greater before it is noticed.

Warning: Do not use the device if you have decreased hand strength because this may make removal of the device difficult. Not being able to remove the device could lead to injury.

Warning: Lubricants may adversely affect the materials of the device or may make use of the device challenging. Use of lubricants while using the device could cause injury.

Warning: If using a constriction ring during sexual intercourse, first read the relevant instructions for use or usage guide for that device and ensure that you follow those instructions. There are important warnings related to use of construction rings. Failure to follow directions could lead to injury.

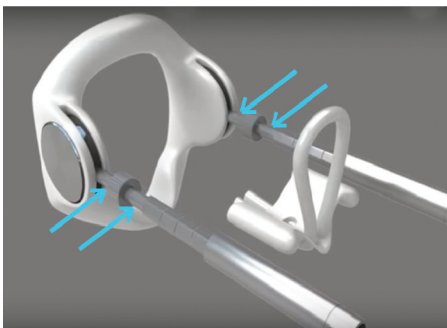
Warning: The ProExtender is only intended for a single user. Do not share your ProExtender. Sharing your ProExtender could result in infection of any communicable diseases for those sharing it.

Warnings and Precautions

Precautions

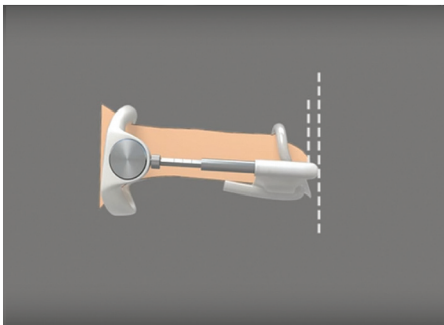
Caution: Device use may bruise or rupture the blood vessels within the penis or scrotum, resulting in petechiae (a small purplish spot on a body surface, such as the skin or a mucous membrane, caused by a minute hemorrhage), hemorrhage (flow of blood from ruptured blood vessels), or the formation of a hematoma (localized swelling filled with blood resulting from a break in a blood vessel). Use caution, especially when beginning use.

Instructions for Use



1
GET
STARTED!

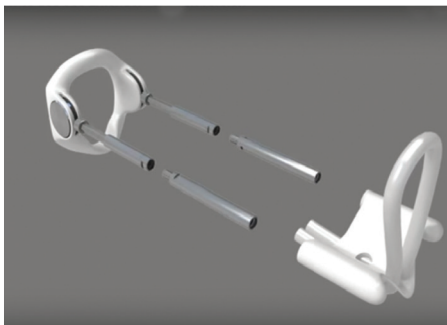
Before fastening the plastic front piece, make sure there is 1mm (0.04 inch) of space on both sides of the handle on the adjustment screw, facing both the hexagonal piston, as well as the base plastic ring. This enables the adjustment screw to expand on both sides of the handle.



2

WHAT
IS YOUR
PERSONAL
LENGTH?

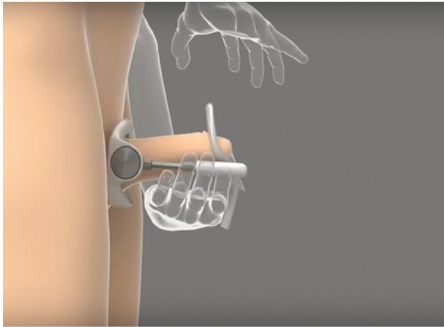
When finding the suitable number of long bars to fit you, the **total length** of the device should be **slightly longer** than your **flaccid but fully stretched** penis. Please add the suitable number of bars to match your current size.



3

ATTACH THE
PLASTIC FRONT
PIECE!

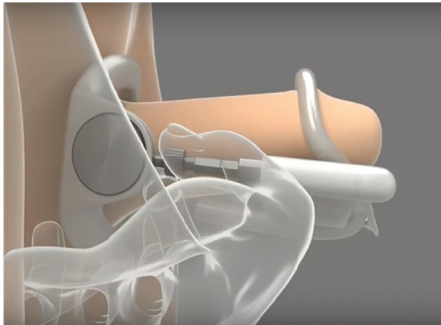
Attach the plastic front piece, by inserting the bars into the holes of the front piece, pushing it towards the base firmly, bringing the springs home, and continue until you hear a click, indicating that the front is **securely** attached to the bars. Insert the silicone tube in the front set of holes (shown) or the comfort strap into the slots.



4

PUTTING
IT ON!

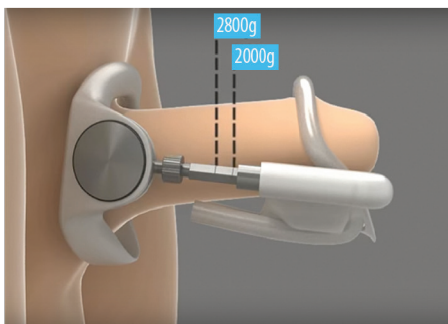
You should only use one of the 2 options. Try both and see which suits you best. Loosen the silicone tube (or strap) and slip the device over your penis. Push the plastic front piece towards yourself, until the springs reach home. Now tighten the silicone tube (or strap) behind the edge of your glans. Your penis should be flaccid and fully stretched. The tube should be fastened underneath the plastic front piece in the grooves. If it is a tight fit stretch the tube a bit to make it thinner before inserting into the grooves. If you use the strap simply tighten it until you reach a snug fit.



5

ADDING
MORE
TRACTION!

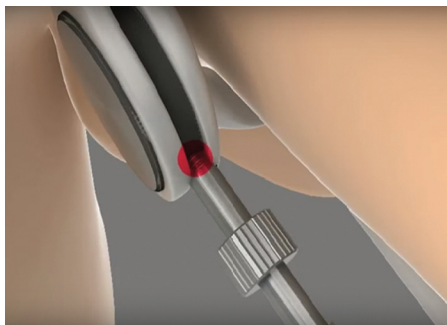
Release the front piece, and let the springs expand again. You should now feel a stretch of your penis (if not go back to step 2) and add more long bars). Now turn both the hand screws inwards simultaneously, and notice the hand screw expand on both sides, and the stretch increase accordingly.



6

FINDING
YOUR
LEVEL OF
TRACTION!


As you keep turning the hand screw, the stretch becomes noticeable, and you will see the hexagonal piston submerge into the cylinder. The further into the cylinder the more traction. If you reach mark 1, the traction is 1200 grams, mark 2 is 2000 grams, and mark 3 is 2800 grams (mark 1 is not shown in the picture).



7

DON'T GO
TOO FAR!

If you continue turning the hand screw you will eventually see threads become visible, and this means it is time to stop turning. If you haven't reached the suitable amount of minimum traction (1200 grams initially), and still see the threads, you should go back to step 2 and add more long bars and retry. If the hand screw becomes undone, the warranty is void.



8

SLOW
START UP
ROUTINE!

Week	Hours a day	Tension
1	1	1200

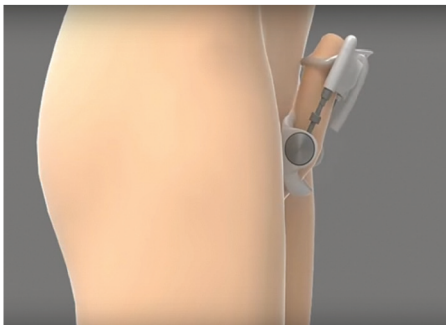
Please follow a slow start up routine. The ProExtender should be used for 30 minutes at a time. Use the device for 1 hour a day in the first week, at 1200 g traction. Continue to add more traction as well as hours, according to our guidelines.



9

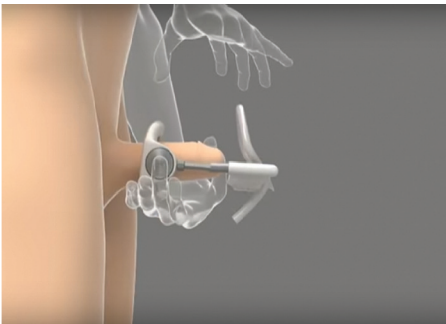
MEANS
OF
PROTECTION!

If you initially become sore/irritated behind the glans where the tube/strap touches your skin, you can use the Protection Pad as a cushion beneath the tube/strap.



10 HOW TO WEAR!

You can wear the ProExtender in any angle suitable to you – try it out and see which is most comfortable.



11 TAKING IT OFF!

When you want to take off the ProExtender, simply release the tube (strap) and pull the device away from you.

WORD OF ADVICE

Please allow the process to work slowly. Results will come. This is not a sprint, but a marathon. Ongoing use will give you better results, so be patient. Don't go to extremes, and make sure you use the device only in accordance with the instructions.

Instructions for Cleaning

Between uses, clean your device using a mild soap or detergent and water. A cleaning sponge or brush may be used. After cleaning, wipe down with a sponge or cloth wet with 70% isopropyl alcohol.

PROEXTENDER. ALL YOUR QUESTIONS ANSWERED!

1. What is it, and how does it work?

It is a penis sexual enhancement device. It can boost the hardness of your erections, which can stimulate your partner more, and improve bedroom performance. It uses the body's natural response to traction, by creating new tissue cells. It helps satisfy the sexual needs of yourself and your partner.

2. Does it actually work, and can you document it?

Yes! First of all, we have received an immense amount of great feedback from our clients for over 20 years. In addition, an article in "The Journal of Urology" concluded that "penile traction therapy achieved greater improvements of erectile function...intercourse satisfaction...and overall sexual satisfaction" than any other method of penis sexual enhancement.

3. How much should I wear it, and when can I expect results?

ProExtender should be worn in 30 minute increments. After a brief startup phase, most men wear it for several hours daily. A noticeable increase in erection quality and sexual enhancement can be noticed in the first 2-3 months.

4. How much improvement is possible, and are the results permanent?

In theory you will continue getting results from continued use. We are not aware of any maximum, but some very patient users have seen their outcomes continue to improve over time. Your results could indeed be permanent after stopping use, since the new cells created will still be present in any event.

5. Does this work for all men, having all sizes to begin with?

Yes – everybody should see results after correct and diligent use. The improvements mentioned are documented in clinical research on penile traction. The device will fit sizes from 4 to 22 cm (1.6 to 8.6 inches) in the stretched, flaccid state.

6. Do you guarantee that it works for me?

Yes. If you haven't achieved results after diligent, documented use, we offer a money back guarantee. Visit Proextender.com for more Information.

7. Are there any side effects?

We have no reports of adverse effects on fertility, stamina, or urination, and there are no general side effects.

If you experience any adverse events, discontinue use temporarily and review the "Troubleshooting" section for possible actions to take. If complications are concerning, contact your healthcare provider. If complications continue even after taking actions as indicated in the "Troubleshooting" section, discontinue use.

8. Does the Proextender require experience or the help of a doctor?

No, The Proextender comes with printed and digital easy-to-understand instructions, explaining exactly how to use the device, and how it will provide sexual enhancement.

9. Do I have to follow a fixed usage pattern?

The ProExtender should be used for no more than 30 minutes at a time. Other than that, you can wear the device as you please. There is a start-up program for weeks 1-6, after which the results depend only on the total amount of hours worn and the traction involved.

10. Is it for men of all ages?

You must be a minimum of 18 years of age to purchase from us. As for an upper age limit, it is an individual decision – we have some users in their mid-seventies who are getting good results!

11. Is it for both circumcised and uncircumcised men?

Yes. The ProExtender can be used by both.

12. Can I have sex during the course of usage?

You should not have sex while wearing the device, but can have sex immediately after wearing the device. You can have a perfectly normal sex life during the course of use. As mentioned above, users indicate they have stronger erections due to the added blood flow from the traction.

Component	Component Description	Material
Base Ring and Cradle	Fits around the penis base	POM (Poly Oxy Methylen)
Rods	Customizable length to properly fit penis	Brass with NiTin cover
Band: Tube Style	Fits just behind the penis glans	Silicone
Band: Comfort Strap	Fits just behind the penis glans	(TPU) Thermo Plastic Polyoritan
Protection Pad	Placed just behind the penis glans for protection / comfort (Band is placed on top)	Polyetherurethan
Cohesive Gauze	Helps secure band (optional)	Self Adhesive Bandages
3M Advanced Comfort Plaster	Helps secure band (optional)	Plaster



3M ADVANCED COMFORT PLASTER

This plaster also works as means of protection of the skin, and to increase grip/comfort and avoid slipping. Made from a unique formula, you use this as a plaster to be placed underneath the drawn foreskin, behind the glans. Put the tube/strap on top as you would normally. When the plaster is removed, there is no pain/discomfort due to the "glue formula" – contrary to what you might imagine.



TRANSPARENT SILICONE TUBE

Transparent silicone tube, one unit. Alternate method of fixation, compared to the rubber strap. Some users prefer this to the strap. Should be inserted into the holes in the front piece combo, and locked into the ridges at the bottom.



COMFORT RUBBER STRAP

Comfort strap for extra comfort if you find the silicone tubes to be uncomfortable. Some users prefer this instead of the silicone tube. Should be inserted into the slots in the front piece combo, and locked with the built-in tabs..



PROTECTION PAD

Increase grip and comfort. "Open" the protection pad with three fingers, place it at the back of your glans, and let it go. It will go back to the original size for a snug fit. Place the strap right on top of it. Can be reused.



COHESIVE GAUZE

Cohesive Gauze. Increases protection and helps secure the strap or silicone tube. Reduces slipping, and improves grip and comfort. The Cohesive Gauze should be wrapped 2-3 times around the back of the glans, and the strap should be placed right on top of it. One roll is enough for 4-6 uses.

Troubleshooting

<ul style="list-style-type: none">• No erection• Partial erection• Rapid loss of erection (in less than 5 minutes)	<p>If you are repeatedly unable to achieve an erection, are only able to achieve a partial erection, or are not able to maintain an erection for at least 5 minutes, contact your healthcare provider for further assessment and possible treatment options.</p>
<ul style="list-style-type: none">• Delayed loss of erection (after 5 to 10 minutes)	<p>If you experience a delayed loss of erection (erections that last for more than 4 hours when using this device, discontinue use until you have been able to discuss with your healthcare provider.</p>
<ul style="list-style-type: none">• Pulling of the skin of the scrotum	<p>If you are experiencing pulling on the skin of the scrotum, the device may not be attached or positioned properly. Ensure that you are adequately attaching the device (see page 5) and try adjusting the position of the device during use. If pulling continues, discontinue use.</p>
<ul style="list-style-type: none">• Discomfort or pain during pumping / extension• Discomfort or pain from tension ring	<p>Some discomfort is normal, the same as exercising any muscle can cause some discomfort. However, this should not cause pain. If you experience pain, the device may not be attached or positioned properly. Consider the following:</p> <ol style="list-style-type: none">1. Ensure that you are adequately attaching the device (see page 5)2. Consider using the other style of band. Some find one or the other more comfortable.3. Consider using the provided protection pad.4. Consider using the provided cohesive gauze.5. Try adjust the position of the device during use.6. Try using the device for a shorter period of time. <p>If you continue to have pain, discontinue use.</p>
<ul style="list-style-type: none">• Penis pivots on its base	<p>Discontinue use and contact your healthcare professional.</p>

Troubleshooting

- Discomfort or pain during intercourse
- Discomfort or pain during ejaculation

If you experience new or increased discomfort or pain during intercourse or ejaculation, discontinue use and contact your healthcare professional.

- Redness, irritation, or bruising

If you experience redness, irritation, or bruising, temporarily discontinue use to allow yourself to heal and prevent further potential damage. The device may not have been attached or positioned appropriately or you may be experiencing an allergic reaction. Review the materials in the device (listed on pages 12-14) and if you have known allergies to any of the materials, do not try again.

If you do not have known allergies to any of the materials, once healed, you may try again. When restarting use, start for a short period of time only. When

1. Ensure that you are adequately attaching the device (see page 5)
2. Consider using the other style of band. Some find one or the other more comfortable.
3. Consider using the provided protection pad.
4. Consider using the provided cohesive gauze.
5. Try adjust the position of the device during use.
6. Try using the device for a shorter period of time.

If you continue to have pain, discontinue use.

- Penis feels cold (to you or your partner)

If any part of your penis feels cold during or after use, either to you or your partner, you might be attaching the device too tightly and constricting blood flow within your penis. If you are currently using the device, temporarily discontinue use. After at least an hour and after your penis has returned to normal temperature, you may restart use. Ensure that you are adequately attaching the device (see page 5) and that you are not attaching the device too tightly.

If you continue to experience a cold sensation when using, discontinue use.

Glossary

Erectile Dysfunction: The inability to achieve an erection that is sufficient for sexual intercourse.

Hematoma: Localized swelling filled with blood resulting from a break in a blood vessel

Hemorrhage: Flow of blood from ruptured blood vessels

Penis glans: The rounded head of the penis

Petechiae: A small purplish spot on the body surface, such as the skin or mucous membrane, caused by a minute hemorrhage